

**PATIENT HISTORY FORM**

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Cell Phone \_\_\_\_/\_\_\_\_/\_\_\_\_ Work \_\_\_\_/\_\_\_\_/\_\_\_\_ ext: \_\_\_\_ Home \_\_\_\_/\_\_\_\_/\_\_\_\_

E-Mail address (emergencies + newsletters, never shared) \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_ Height \_\_\_\_ft. \_\_\_\_in. Weight \_\_\_\_\_

Marital Status M S W D Name of Spouse \_\_\_\_\_

Children? Y N Names/Ages of Children \_\_\_\_\_

Employer \_\_\_\_\_ Occupation \_\_\_\_\_

Emergency Contact Person \_\_\_\_\_ Relation \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_/\_\_\_\_/\_\_\_\_ Who referred you here? \_\_\_\_\_

**COMPLAINTS/HEALTH PROBLEMS**

I am here for a general health evaluation.  I am suffering from a particular health problem.

Please describe your complaints, including when and how they started:

\_\_\_\_\_  
\_\_\_\_\_  
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What treatments and tests have you received for your problems so far?

What are your problems preventing you from doing? Sports \_\_\_\_\_ Hobbies \_\_\_\_\_

Family/Kids \_\_\_\_\_ Work \_\_\_\_\_ Other \_\_\_\_\_

Have you seen other chiropractors? Y N Name: \_\_\_\_\_

Location \_\_\_\_\_ Reason/diagnosis \_\_\_\_\_

List past surgeries and dates \_\_\_\_\_

Who is your primary physician? Name \_\_\_\_\_ Location \_\_\_\_\_

When was your last physician visit? Date: \_\_\_\_\_ Reason: \_\_\_\_\_

Do you smoke now? Y N Have you ever smoked? Y N

If yes, how long, how much, and when did you quit? \_\_\_\_\_

Please list previous accidents/injuries, including major childhood traumas with dates and hospitalizations:

\_\_\_\_\_  
\_\_\_\_\_

Explain your job requirements-positions/postures \_\_\_\_\_

List vitamins and supplements you take \_\_\_\_\_

List over the counter medication \_\_\_\_\_

List prescription medication \_\_\_\_\_

(Females only) Are you taking birth control pills? Y N Have you in the past? Y N \_\_\_\_\_

What childhood illnesses have you had (measles, chicken pox, etc.)? \_\_\_Usual Other: \_\_\_\_\_

Check any of the following conditions you have had or do have:

Patient name printed \_\_\_\_\_ DOB \_\_\_\_\_

- |   |   |   |  |
|---|---|---|--|
| <input type="checkbox"/> Allergies            | <input type="checkbox"/> Drug Allergies         | <input type="checkbox"/> Eczema             | <input type="checkbox"/> Neck Pain         |
| <input type="checkbox"/> Sinus Problems       | <input type="checkbox"/> Other Skin Problems    | <input type="checkbox"/> Headaches          | <input type="checkbox"/> Mid Back Pain     |
| <input type="checkbox"/> Asthma               | <input type="checkbox"/> Migraines              | <input type="checkbox"/> Heart Disease      | <input type="checkbox"/> Low Back Pain     |
| <input type="checkbox"/> Anemia               | <input type="checkbox"/> Heart Attack           | <input type="checkbox"/> Menstrual Problems | <input type="checkbox"/> Shoulder Pain L R |
| <input type="checkbox"/> Arthritis            | <input type="checkbox"/> Multiple Sclerosis     | <input type="checkbox"/> Stroke             | <input type="checkbox"/> Elbow Pain L R    |
| <input type="checkbox"/> Cancer               | <input type="checkbox"/> Weight Problems        | <input type="checkbox"/> Ringing in Ears    | <input type="checkbox"/> Hand Pain L R     |
| <input type="checkbox"/> Depression           | <input type="checkbox"/> Dizzy/Balance Problems | <input type="checkbox"/> Other _____        | <input type="checkbox"/> Hip Pain L R      |
| <input type="checkbox"/> Diabetes             |   |   | <input type="checkbox"/> Leg Pain L R      |
| <input type="checkbox"/> Digestive Problems   |   |   | <input type="checkbox"/> Knee Pain L R     |
| <input type="checkbox"/> Drug Abuse/Addiction |   |   | <input type="checkbox"/> Foot Pain L R     |
| <input type="checkbox"/> Alcoholism           |   |   | <input type="checkbox"/> Carpal Tunnel L R |
| <input type="checkbox"/> Stress               |   |   |  |

Are your parents alive? **Y N** If alive, what is their state of health? \_\_\_\_\_

If deceased, cause of death: \_\_\_\_\_

Siblings, ages, and health: \_\_\_\_\_

- Yes  No Any personality/emotional changes? If so, what? \_\_\_\_\_
- Yes  No Any changes to your sense of smell? \_\_\_\_\_
- Yes  No Do you see spots or any disturbances to your vision? \_\_\_\_\_
- Yes  No Does your heart feel like it races? \_\_\_\_\_
- Yes  No Any changes in bowel/bladder function? If so, what? \_\_\_\_\_
- Yes  No Any changes in sexual function? If so, what? \_\_\_\_\_
- Yes  No Have you noticed any short or long-term memory changes? \_\_\_\_\_
- Yes  No Any changes in your energy level such as fatigue? \_\_\_\_\_
- Yes  No Do you have any muscle twitches? \_\_\_\_\_
- Yes  No Do you exercise regularly? If so, what kind of exercise? \_\_\_\_\_

Are you a healthy eater? **Y N** An unhealthy eater? **Y N** Somewhere in-between? **Y N**

Can you eat anything you want? **Y N** If not, what do you avoid? \_\_\_\_\_

Do you drink regular soda? **Y N** Diet soda/drinks? **Y N** If yes, how many/day? \_\_\_\_\_

Do you consume caffeine (coffee, soda, tea)? **Y N** If so, how much? \_\_\_\_\_

**CONSENT TO TREATMENT AUTHORIZATION**

By my signature below, I certify that the above information is correct. I authorize Fuller Chiropractic, P.C. to perform an examination, take x-rays if necessary, and administer chiropractic treatment. I authorize Fuller Chiropractic to contact other health care providers I have to coordinate my care, and to release information to my other providers for coordination of care, and to release my health information for insurance reimbursement purposes.

Patient Signature (X) \_\_\_\_\_ Date \_\_\_\_\_

**INSURANCE ASSIGNMENT AND INSTRUCTION FOR DIRECT PAYMENT TO DOCTOR**

I hereby instruct and direct \_\_\_\_\_ Insurance Company to make payment directly to: FULLER CHIROPRACTIC, 827 Main Street, Woburn, MA 01801, the professional or chiropractic benefits allowable, and otherwise payable to me under my current insurance policy as payment toward the total charges for professional services rendered. **THIS IS A DIRECT ASSIGNMENT OF MY RIGHTS AND BENEFITS UNDER THIS POLICY.** This payment will not exceed my indebtedness to the above-mentioned assignee, and I have agreed to pay, in a current manner, any balance of said professional service charges over and above this insurance payment. A photocopy of this Assignment shall be considered as effective and valid as the original dated at Woburn, Massachusetts this \_\_\_\_\_ day of \_\_\_\_\_ 20\_\_\_\_\_.

Patient Signature (X) \_\_\_\_\_

By my signature below, I understand that if my health insurance denies the charges, I am responsible for payment of my bill.

Patient Signature (X) \_\_\_\_\_

Patient name printed \_\_\_\_\_ DOB \_\_\_\_\_

**PRIVACY NOTICE ACKNOWLEDGEMENT**

We are very concerned with protecting your privacy, especially in matters that concern your personal health information. In accordance with the *Health Insurance Portability and Accountability Act* of 1996 (HIPAA), we are required to supply you with a copy of our privacy policies and procedures. We encourage you to read this document carefully, for it outlines the use and limitations of the disclosure of your health information and your rights as a patient. If you ever have any questions or concerns regarding the use or dissemination of your personal health information, we would be happy to address them. I acknowledge that I have been offered a copy of Fuller Chiropractic, P.C.'s **Notice of Privacy Practices for Protected Health Information**, and I have been told that a copy is available at the front desk at any time.

Patient Signature (X) \_\_\_\_\_ Date \_\_\_\_\_

**PATIENT PREGNANCY DISCLAIMER (FEMALES ONLY)**

This certifies that concerns regarding pregnancy and radiation exposure have been explained to my satisfaction. I understand the clinical necessity of having X-rays taken at this time and grant permission for this procedure. In so doing, I release the doctor/clinic from responsibility for potential damage arising from this procedure. At the present time,

- \_\_\_\_\_ I am sure that I am not pregnant
- \_\_\_\_\_ It is possible that I could be pregnant
- \_\_\_\_\_ I am pregnant

Patient Signature (X) \_\_\_\_\_ Date \_\_\_\_\_

**NOTE:** Female patients should be questioned as to the last date of their menstrual cycle and the 10-day rule should always be applied for protection of the patient and possibly the fetus.

Authorized Provider Representative \_\_\_\_\_ Date \_\_\_\_\_  
Witnessing signing of:  Authorization to treat  Insurance assignment  Privacy Notice  Pregnancy Disclaimer

Doctor's notes \_\_\_\_\_  
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# PAIN DIAGRAM

DOB \_\_\_\_\_

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

PLEASE COMPLETE THE FOLLOWING "PAIN DIAGRAM" BY USING LETTERS BELOW TO INDICATE ON THE DIAGRAM YOUR AREAS OF PAIN:

A = ACHE

B = BURN

D = DULL PAIN

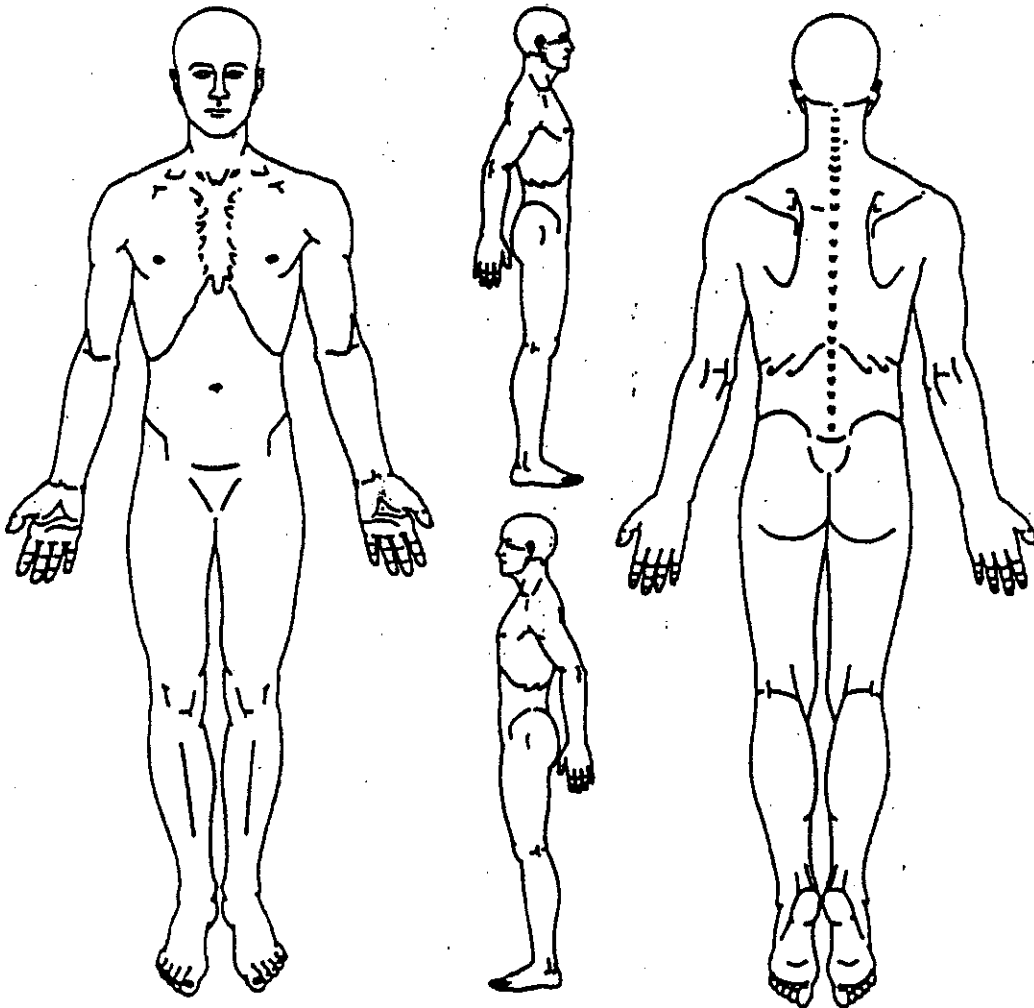
N = NUMBNESS

P = SHARP PAIN

S = STIFFNESS

T = PINS/NEEDLES/  
TINGLING

O = OTHER



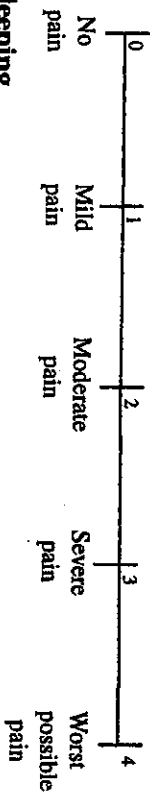
Patient's Signature: \_\_\_\_\_

# Functional Rating Index

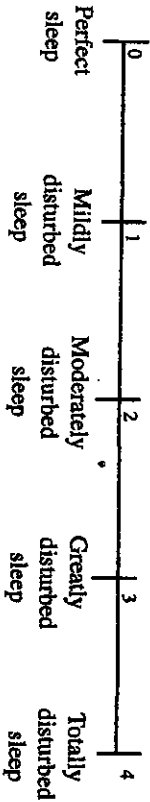
For use with Neck and/or Back Problems only.

In order to properly assess your condition, we must understand how much your neck and/or back problems have affected your ability to manage everyday activities. For each item below, please circle the number which most closely describes your condition right now.

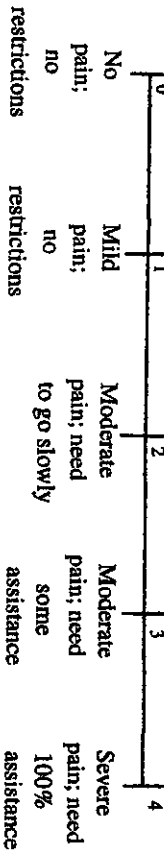
## 1. Pain Intensity



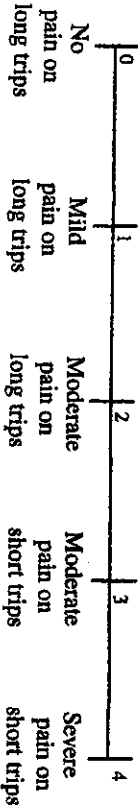
## 2. Sleeping



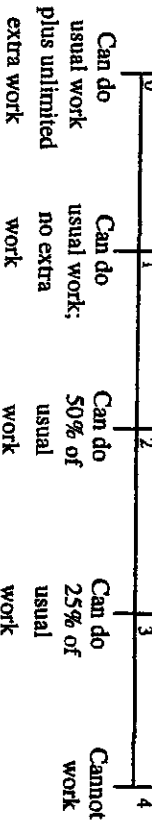
## 3. Personal Care (washing, dressing, etc.)



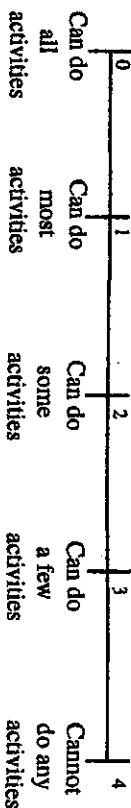
## 4. Travel (driving, etc.)



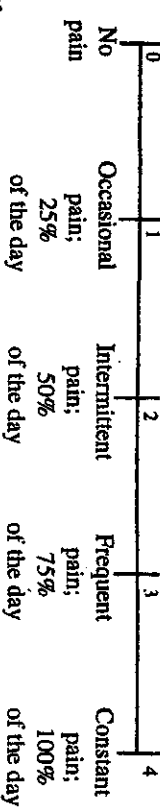
## 5. Work



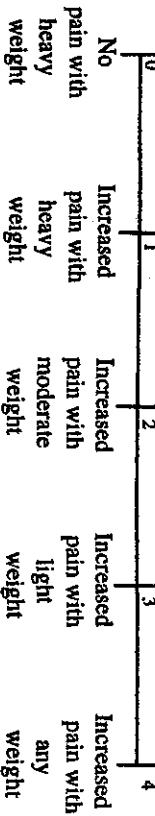
## 6. Recreation



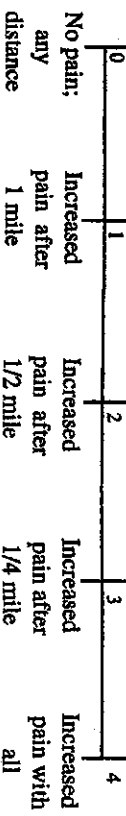
## 7. Frequency of pain



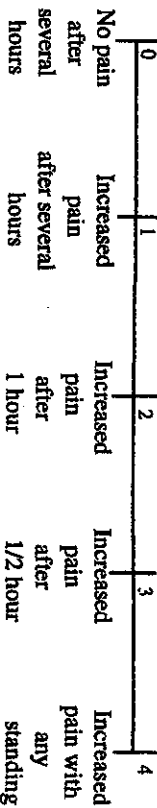
## 8. Lifting



## 9. Walking



## 10. Standing



Name \_\_\_\_\_

PRINTED

Signature \_\_\_\_\_

Date \_\_\_\_\_

Total Score \_\_\_\_\_

# Review of Systems

Patient Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Today's Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**INSTRUCTIONS:** Please fill out all of the sections. If none of the conditions apply, select "None."

## Constitutional:

- None
- Chills
- Daytime Drowsiness
- Fatigue
- Fever
- Night Sweats
- Weight Gain
- Weight Loss

## Eyes/Vision:

- None
- Blindness
- Blurred Vision
- Cataracts
- Change in Vision
- Double Vision
- Eye Pain
- Field Cuts
- Glaucoma
- Itching (around the eyes)
- Photophobia
- Tearing
- Wears Glasses or Contacts

## Ears, Nose and Throat:

- None
- Bleeding
- Dental Implants
- Dentures
- Difficulty Swallowing
- Discharge
- Dizziness
- Ear Drainage
- Ear Infection(s)
- Ear Pain
- Fainting
- Headaches
- Head Injury (history of)
- Hearing Loss
- Hoarseness
- Loss of Smell
- Nasal Congestion
- Nose Bleeds
- Post Nasal Drip
- Rhinorrhea (runny nose)
- Sinus Infections
- Snoring
- Sore Throats
- Tinnitus (ringing in the ears)
- TMJ Disorder

## Respiration:

- None
- Asthma
- Coughing up blood
- Shortness of Breath
- Sputum Production
- Wheezing

## Cardiovascular:

- None
- Angina (chest pain or discomfort)
- Chest Pain
- Claudication (leg pain or achiness while lying)
- Heart Murmur
- Heart Problems
- Heartopnea (difficulty breathing while lying)
- Palpitations (irregular or forceful heart beat)
- Paroxysmal Nocturnal Dyspnea (shortness of breath at night)
- Shortness of Breath
- Swelling of Leg(s)
- Ulcers
- Varicose Veins

## Gastrointestinal:

- None
- Abdominal Pain
- Belching
- Black, Tarry Stools
- Constipation
- Diarrhea
- Difficulty Swallowing
- Heartburn
- Hemorrhoids
- Indigestion
- Jaundice (yellowing of the skin)
- Nausea
- Rectal Bleeding
- Abnormal Stool Caliber (quality)
- Abnormal Stool Color
- Abnormal Stool Consistency
- Vomiting
- Vomiting Blood

## Female:

- None
- Birth Control Therapy
- Breast Lumps / Pain
- Burning Urination
- Cramps
- Frequent Urination
- Hormone Therapy
- Irregular Menstruation
- Urine Retention
- Vaginal Bleeding
- Vaginal Discharge

## Male:

- None
- Burning Urination
- Erectile Dysfunction
- Frequent Urination
- Hesitancy or Dribbling
- Prostate Problems
- Urine Retention

## Endocrine:

- None
- Cold Intolerance
- Diabetes
- Excessive Appetite
- Excessive Hunger
- Excessive Thirst
- Frequent Urination
- Goiter
- Hair Loss
- Heat Intolerance
- Unusual Hair Growth
- Voice Changes

## Skin:

- None
- Changes in Nail Texture
- Changes in Skin Color
- Hair Growth
- Hair Loss
- Hives
- Itching
- Paresthesia (numbness, prickling, or tingling)
- Rash
- History of Skin Disorders
- Skin Lesions or Ulcers
- Varicosities

## Nervous System:

- None
- Dizziness
- Facial Weakness
- Headaches
- Limb Weakness
- Loss of Consciousness
- Loss of Memory
- Numbness
- Seizures
- Sleep Disturbance
- Slurred Speech
- Stress
- Strokes
- Tremors
- Unsteadiness of Gait

## Psychological:

- None
- Anhedonia (inability to experience joy or enjoy life)
- Anxiety
- Appetite Changes
- Behavioral Change(s)
- Bipolar Disorder
- Confusion
- Convulsions
- Depression
- Insomnia
- Memory Loss
- Mood Change(s)

## Allergy:

- None
- Anaphylaxis (history of)
- Food Intolerance
- Itching
- Nasal Congestion
- Sneezing

## Hematology:

- None
- Anemia
- Bleeding
- Blood Clotting
- Blood Transfusion(s)
- Bruises easily
- Fatigue
- Lymph Node Swelling